

Itineraries Cemlyn Bay and Llyn Alaw

Grid Reference: **SH 331 932 - SH 392 867**

Visit the renowned tern colony at Cemlyn Bay shingle spit and coastal lagoon, followed by a trip to Llyn Alaw, Anglesey's largest lake. The sites are 7 miles apart, so travelling is required between them.

Cemlyn Bay ~ 2 hours

There are two large car parks at the eastern and western ends of the shingle spit.

There is a large tern colony on the spit and lagoon – mostly sandwich terns but also common and arctic terns. Rare terns and other rare bird species are occasional visitors. There is a tern viewing area on the ridge. When the terns are nesting, the public are encouraged to access the ridge on the seaward side only, so as to minimise disturbance to the birds. It is worth noting that the causeway between the western car park and the ridge can be inundated at high water, so check the local tide times to ensure you're not cut off.

Extensive walks around the Trwyn Cemlyn rocky headland, continuing westwards along the Anglesey Coastal Path to Carmel Head.

Llyn Alaw ~ 4 hours

Llyn Alaw has a large car park at its western end and a wildlife information centre. There are long, pleasant walks along the lake's north and south shores - but they are not joined to make a circular route.

Day permits available for trout fishing and boat hire.